

| Place | Name | Club | RaceNo | Cat | Gun Time | GenPos | CatPos |
|-------|-------------------|----------------------------------|--------|------|----------|--------|---------|
| 1 | Paul Veitch | St Neots Riverside Runners | 570 | MV40 | 2:46:21 | M-1 | MV40-1 |
| 2 | Tom Oliver | Winchester & District AC | 93 | MSEN | 2:48:52 | M-2 | MSEN-1 |
| 3 | Ben Stock | Saints & Sinners Fun Runners | 223 | MSEN | 2:55:37 | M-3 | MSEN-2 |
| 4 | Scott Hill | | 327 | MSEN | 2:57:49 | M-4 | MSEN-3 |
| 5 | Steve Darby | UKnetrunner.co.UK | 456 | MV50 | 2:59:03 | M-5 | MV50-1 |
| 6 | Matthew Cheyney | Denmead Striders | 657 | MSEN | 2:59:45 | M-6 | MSEN-4 |
| 7 | Hannah Oldroyd | Saltaire Striders | 123 | FSEN | 3:00:45 | F-1 | FSEN-1 |
| 8 | Tony Carter | Tyne Bridge Harriers | 156 | MSEN | 3:02:25 | M-7 | MSEN-5 |
| 9 | Thomas Coney | Avon Valley Runners | 175 | MV40 | 3:03:19 | M-8 | MV40-2 |
| 10 | Martyn Millard | | 430 | MSEN | 3:04:08 | M-9 | MSEN-6 |
| 11 | Martin Devine | Portobello RC | 217 | MSEN | 3:04:45 | M-10 | MSEN-7 |
| 12 | Alastair Bloore | | 99 | MV40 | 3:06:49 | M-11 | MV40-3 |
| 13 | David Bailey | | 42 | MV40 | 3:09:48 | M-12 | MV40-4 |
| 14 | Tom Castle | | 159 | MSEN | 3:10:14 | M-13 | MSEN-8 |
| 15 | Andrew McKillop | St Albans Striders | 305 | MV40 | 3:10:23 | M-14 | MV40-5 |
| 16 | Jonny Bodicoat | | 131 | MSEN | 3:10:39 | M-15 | MSEN-9 |
| 17 | Jay Lidbetter | Striders of Croydon AC | 381 | MSEN | 3:11:29 | M-16 | MSEN-10 |
| 18 | Peter Waite | | 573 | MV40 | 3:11:49 | M-17 | MV40-6 |
| 19 | Kelvin Dickinson | Wirral AC | 219 | MV40 | 3:11:50 | M-18 | MV40-7 |
| 20 | Alex Benson | Springfield Striders RC | 300 | MSEN | 3:11:56 | M-19 | MSEN-11 |
| 21 | Paul Welch | Denmead Striders | 400 | MSEN | 3:12:19 | M-20 | MSEN-12 |
| 22 | Andy Yiannouzis | | 602 | MSEN | 3:13:16 | M-21 | MSEN-13 |
| 23 | Richard Shlovogt | Worthing & District Harriers | 518 | MSEN | 3:14:21 | M-22 | MSEN-14 |
| 24 | Will Downey | Witney Road Runners | 227 | MSEN | 3:14:22 | M-23 | MSEN-15 |
| 25 | John Bigg | Basingstoke & Mid Hants AC | 8 | MV50 | 3:16:23 | M-24 | MV50-2 |
| 26 | William Edwards | Porthcawl Runners | 30 | MV40 | 3:18:20 | M-25 | MV40-8 |
| 27 | Shane McQuaile | | 67 | MV40 | 3:19:24 | M-26 | MV40-9 |
| 28 | Elliott Holt | Hatch Warren Runners | 19 | MSEN | 3:19:42 | M-27 | MSEN-16 |
| 29 | Dan Gritton | East London Runners | 285 | MV40 | 3:19:48 | M-28 | MV40-10 |
| 30 | Colin Harper | | 306 | MV50 | 3:21:47 | M-29 | MV50-3 |
| 31 | Mick Welch | | 579 | MV40 | 3:21:51 | M-30 | MV40-11 |
| 32 | Simon Brown | Hatch Warren Runners | 17 | MV40 | 3:22:45 | M-31 | MV40-12 |
| 33 | Lee Wilkinson | Serpentine RC | 589 | MSEN | 3:23:02 | M-32 | MSEN-17 |
| 34 | Jeff Thomas | Bridgend AC | 559 | MV50 | 3:23:23 | M-33 | MV50-4 |
| 35 | Jamie Russell | | 503 | MSEN | 3:24:01 | M-34 | MSEN-18 |
| 36 | Kenny Heaton | Reading Roadrunners | 318 | MV40 | 3:24:28 | M-35 | MV40-13 |
| 37 | Paul Lewis | | 380 | MV50 | 3:24:40 | M-36 | MV50-5 |
| 38 | Gary Barnes | St Neots Riverside Runners | 94 | MV50 | 3:25:14 | M-37 | MV50-6 |
| 39 | Caitlin Block | | 129 | FSEN | 3:25:35 | F-2 | FSEN-2 |
| 40 | Ray Thomas | | 560 | MSEN | 3:25:48 | M-38 | MSEN-19 |
| 41 | Maurice Hemingway | St Neots Riverside Runners | 61 | MV60 | 3:26:23 | M-39 | MV60-1 |
| 42 | David Dyer | Fetch Everyone RC | 421 | MV50 | 3:26:50 | M-40 | MV50-7 |
| 43 | Caroline Hall | Wirral AC | 292 | FV40 | 3:26:58 | F-3 | FV40-1 |
| 44 | Peter Grigoleit | Basingstoke & Mid Hants AC | 282 | MV50 | 3:27:06 | M-41 | MV50-8 |
| 45 | Stephen Cooney | Collingwood AC | 183 | MV40 | 3:27:22 | M-42 | MV40-14 |
| 46 | Elliott Wells | | 581 | MSEN | 3:27:36 | M-43 | MSEN-20 |
| 47 | Anthony Lester | | 229 | MSEN | 3:27:43 | M-44 | MSEN-21 |
| 48 | Philip Rand | 100 Marathon Club | 33 | MV40 | 3:27:56 | M-45 | MV40-15 |
| 49 | Ian Coxall | Woodbridge Shufflers RRC | 186 | MV40 | 3:28:05 | M-46 | MV40-16 |
| 50 | Keith Dean | Maidstone Harriers | 215 | MV50 | 3:28:34 | M-47 | MV50-9 |
| 51 | Adam Masterson | Wymondham AC | 409 | MSEN | 3:30:35 | M-48 | MSEN-22 |
| 52 | Kern Roberts | | 494 | MSEN | 3:31:09 | M-49 | MSEN-23 |
| 53 | Simon Hilliard | | 328 | MSEN | 3:31:34 | M-50 | MSEN-24 |
| 54 | Gerard Geurts | Grange Farm & Dunmow Runners | 66 | MV40 | 3:31:35 | M-51 | MV40-17 |
| 55 | Jeffery Scarle | Lordshill Road Runners | 77 | MSEN | 3:31:56 | M-52 | MSEN-25 |
| 56 | Alexis Tobin | Blackheath & Bromley Harriers AC | 562 | MV40 | 3:32:01 | M-53 | MV40-18 |
| 57 | Caroline Jackson | Hercules Wimbledon AC | 349 | FSEN | 3:32:11 | F-4 | FSEN-3 |
| 58 | Chris Mercer | Guildford & Godalming AC | 108 | MSEN | 3:32:33 | M-54 | MSEN-26 |
| 59 | Graham Bowpitt | Denmead Striders | 330 | MV40 | 3:32:55 | M-55 | MV40-19 |
| 60 | Phil Gurnett | Rebel Runners Medway | 284 | MSEN | 3:33:09 | M-56 | MSEN-27 |
| 61 | Liz Steward | Denmead Striders | 542 | FSEN | 3:33:11 | F-5 | FSEN-4 |
| 62 | Andrew Smith | | 523 | MSEN | 3:33:29 | M-57 | MSEN-28 |
| 63 | Alan Butt | | 150 | MSEN | 3:34:40 | M-58 | MSEN-29 |

| Place | Name | Club | RaceNo | Cat | Gun Time | GenPos | CatPos |
|-------|--------------------|----------------------------|--------|------|----------|--------|---------|
| 64 | Neil Hynes | Maidenhead AC | 344 | MSEN | 3:34:47 | M-59 | MSEN-30 |
| 65 | Jeff Bolton | Southend On Sea AC | 132 | MV40 | 3:34:50 | M-60 | MV40-20 |
| 66 | Christoher Locke | | 386 | MSEN | 3:35:06 | M-61 | MSEN-31 |
| 67 | Kirsty Bailey | Denmead Striders | 343 | FV40 | 3:35:47 | F-6 | FV40-2 |
| 68 | Martin England | Castle Point Joggers | 52 | MV50 | 3:35:58 | M-62 | MV50-10 |
| 69 | Andrew Bettiss | Eastbourne Rovers AC | 189 | MSEN | 3:36:12 | M-63 | MSEN-32 |
| 70 | Tracey Ranson | Springfield Striders RC | 485 | FSEN | 3:36:14 | F-7 | FSEN-5 |
| 71 | Philip O'Connor | Denmead Striders | 453 | MV40 | 3:36:19 | M-64 | MV40-21 |
| 72 | Will Wall | Harlow RC | 616 | MSEN | 3:36:57 | M-65 | MSEN-33 |
| 73 | Peter Salmon | Dagenham 88 Runners | 506 | MV40 | 3:37:43 | M-66 | MV40-22 |
| 74 | Jon Carson | 100 Marathon Club | 154 | MV40 | 3:37:44 | M-67 | MV40-23 |
| 75 | Daren Stemp | Arunners RC | 146 | MV40 | 3:37:45 | M-68 | MV40-24 |
| 76 | Gary Winstanley | Deal Triathlon & RC | 594 | MV40 | 3:38:03 | M-69 | MV40-25 |
| 77 | Neil Stanley | | 539 | MV40 | 3:38:38 | M-70 | MV40-26 |
| 78 | Heather Khoshnevis | Littledown Harriers RC | 370 | FV50 | 3:38:43 | F-8 | FV50-1 |
| 79 | Nathalie Juchau | | 302 | FV40 | 3:39:41 | F-9 | FV40-3 |
| 80 | Jonathon Errington | Bracknell Forest Runners | 1 | MV50 | 3:39:53 | M-71 | MV50-11 |
| 81 | Dean Jones | Lordshill Road Runners | 329 | MV40 | 3:40:10 | M-72 | MV40-27 |
| 82 | James Bennett | 100 Marathon Club | 333 | MSEN | 3:40:15 | M-73 | MSEN-34 |
| 83 | Rashaad Shabab | Lewes AC | 514 | MSEN | 3:40:20 | M-74 | MSEN-35 |
| 84 | Natalie McCreath | Eastbourne Rovers AC | 194 | FV40 | 3:40:43 | F-10 | FV40-4 |
| 85 | Mark Butler | Hatch Warren Runners | 16 | MV40 | 3:40:50 | M-75 | MV40-28 |
| 86 | Alex Reis Alves | | 991 | MV40 | 3:40:54 | M-76 | MV40-29 |
| 87 | Faye Spooner | 100 Marathon Club | 535 | FV40 | 3:40:57 | F-11 | FV40-5 |
| 88 | Peter Davey | Sittingbourne Striders | 118 | MSEN | 3:41:08 | M-77 | MSEN-36 |
| 89 | Steve Oliver | Winchester & District AC | 457 | MV50 | 3:41:11 | M-78 | MV50-12 |
| 90 | Howard Lloyd | | 383 | MSEN | 3:42:28 | M-79 | MSEN-37 |
| 91 | Martin Carpenter | Denmead Striders | 152 | MV40 | 3:42:35 | M-80 | MV40-30 |
| 92 | Michael Clifton | | 170 | MV60 | 3:42:58 | M-81 | MV60-2 |
| 93 | Simon Roberts | Maidstone Harriers | 495 | MV40 | 3:43:10 | M-82 | MV40-31 |
| 94 | Sally Fry | Rebel Runners Medway | 261 | FSEN | 3:43:47 | F-12 | FSEN-6 |
| 95 | Wil North | | 452 | MSEN | 3:44:04 | M-83 | MSEN-38 |
| 96 | Paul Monaghan | Reading Roadrunners | 435 | MV50 | 3:44:20 | M-84 | MV50-13 |
| 97 | James Lowndes | Barking Road Runners | 389 | MSEN | 3:44:41 | M-85 | MSEN-39 |
| 98 | Andrew Gambier | London City Athletics Club | 264 | MV40 | 3:44:53 | M-86 | MV40-32 |
| 99 | Helen Etherington | Royston Runners | 250 | FSEN | 3:44:53 | F-13 | FSEN-7 |
| 100 | Ruth Calder Murphy | Vegan Runners UK | 442 | FV40 | 3:45:31 | F-14 | FV40-6 |
| 101 | Matthew Noble | Wreake Runners | 450 | MV50 | 3:45:39 | M-87 | MV50-14 |
| 102 | Steve Holder | | 331 | MV40 | 3:45:55 | M-88 | MV40-33 |
| 103 | Ben Jarvis | Gosport Road Runners | 353 | MSEN | 3:46:18 | M-89 | MSEN-40 |
| 104 | Robert O'Hara | | 9 | MSEN | 3:46:21 | M-90 | MSEN-41 |
| 105 | Adrian Fowler | Serpentine RC | 258 | MV40 | 3:46:55 | M-91 | MV40-34 |
| 106 | Ian Thompson | Basingstoke & Mid Hants AC | 301 | MV40 | 3:47:12 | M-92 | MV40-35 |
| 107 | Phil Adams | | 54 | MV50 | 3:47:37 | M-93 | MV50-15 |
| 108 | Paul Bridges | 100 Marathon Club | 135 | MSEN | 3:47:49 | M-94 | MSEN-42 |
| 109 | Mark Robson | | 46 | MV40 | 3:48:13 | M-95 | MV40-36 |
| 110 | Nuala Smyth | Arunners RC | 98 | FV50 | 3:48:26 | F-15 | FV50-2 |
| 111 | Richard Davis | Eastbourne Rovers AC | 304 | MSEN | 3:48:34 | M-96 | MSEN-43 |
| 112 | Danny Warner | Eastbourne Rovers AC | 201 | MSEN | 3:48:57 | M-97 | MSEN-44 |
| 113 | Janet Cobby | New Eltham Joggers | 172 | FV50 | 3:48:58 | F-16 | FV50-3 |
| 114 | Daniel Ivey | | 348 | MSEN | 3:49:08 | M-98 | MSEN-45 |
| 115 | John Fitzgerald | | 49 | MV40 | 3:49:15 | M-99 | MV40-37 |
| 116 | Graham Collins | Hatch Warren Runners | 117 | MSEN | 3:49:25 | M-100 | MSEN-46 |
| 117 | Steve May | 100 Marathon Club | 414 | MV40 | 3:49:59 | M-101 | MV40-38 |
| 118 | Daniel Thumwood | | 39 | MSEN | 3:50:54 | M-102 | MSEN-47 |
| 119 | David Lewis | 100 Marathon Club | 377 | MV60 | 3:50:54 | M-103 | MV60-3 |
| 120 | Aukje Raats | | 482 | FV40 | 3:51:05 | F-17 | FV40-7 |
| 121 | Robin Dow | South London Harriers | 221 | MV40 | 3:51:11 | M-104 | MV40-39 |
| 122 | Caroline Cattini | | 160 | FV40 | 3:51:12 | F-18 | FV40-8 |
| 123 | Chris Phillips | Windle Valley Runners | 180 | MSEN | 3:51:46 | M-105 | MSEN-48 |
| 124 | Daniel Regan | Ely Runners | 85 | MV40 | 3:52:04 | M-106 | MV40-40 |
| 125 | David Yu | The Stragglers RC | 28 | MSEN | 3:52:05 | M-107 | MSEN-49 |
| 126 | Glenn Burgess | | 144 | MSEN | 3:52:12 | M-108 | MSEN-50 |

| Place | Name | Club | RaceNo | Cat | Gun Time | GenPos | CatPos |
|-------|-------------------|----------------------------------|--------|------|----------|--------|---------|
| 127 | David Mould | Ely Runners | 105 | MV40 | 3:52:28 | M-109 | MV40-41 |
| 128 | Kristin Brandl | Reading Roadrunners | 134 | FSEN | 3:52:44 | F-19 | FSEN-8 |
| 129 | Richard Griffiths | | 237 | MV40 | 3:52:45 | M-110 | MV40-42 |
| 130 | Simon Hassett | Dartford Road Runners | 315 | MV40 | 3:52:48 | M-111 | MV40-43 |
| 131 | Rik Vercoe | 100 Marathon Club | 571 | MV40 | 3:52:51 | M-112 | MV40-44 |
| 132 | John Kennedy | Weymouth St. Pauls Harriers & AC | 366 | MV50 | 3:53:16 | M-113 | MV50-16 |
| 133 | Matthew Stephens | Eastbourne Rovers AC | 198 | MSEN | 3:53:31 | M-114 | MSEN-51 |
| 134 | Pete Maidment | Hart Road Runners | 396 | MSEN | 3:54:03 | M-115 | MSEN-52 |
| 135 | Kevin Burton | | 405 | MV40 | 3:54:36 | M-116 | MV40-45 |
| 136 | Wayne Aldous | | 70 | MV40 | 3:54:44 | M-117 | MV40-46 |
| 137 | Sunjay Bhogal | Striders of Croydon AC | 119 | MV40 | 3:54:48 | M-118 | MV40-47 |
| 138 | Jeremy Carter | | 112 | MSEN | 3:55:30 | M-119 | MSEN-53 |
| 139 | John Crockford | Gravesend Road Runners & AC | 206 | MV40 | 3:55:32 | M-120 | MV40-48 |
| 140 | Jack Chivers | Haywards Heath Harriers | 20 | MSEN | 3:55:36 | M-121 | MSEN-54 |
| 141 | Elaine Dean | 100 Marathon Club | 214 | FV50 | 3:55:56 | F-20 | FV50-4 |
| 142 | Maciej Ruszkowski | | 504 | MSEN | 3:56:05 | M-122 | MSEN-55 |
| 143 | Mark Burley | | 145 | MSEN | 3:56:08 | M-123 | MSEN-56 |
| 144 | David Dench | | 216 | MV40 | 3:56:14 | M-124 | MV40-49 |
| 145 | Tom Hartgill | Hatch Warren Runners | 312 | MSEN | 3:56:17 | M-125 | MSEN-57 |
| 146 | Steven Colmer | Denmead Striders | 350 | MV40 | 3:56:35 | M-126 | MV40-50 |
| 147 | Andy Bridge | Slinn Allstars | 12 | MV40 | 3:56:37 | M-127 | MV40-51 |
| 148 | Mike Bristow | | 314 | MV40 | 3:57:07 | M-128 | MV40-52 |
| 149 | Guy Veysey | | 149 | MV40 | 3:57:23 | M-129 | MV40-53 |
| 150 | Rahana Islam | Dagenham 88 Runners | 488 | FV40 | 3:57:24 | F-21 | FV40-9 |
| 151 | Mandy Draper | Sandwell Valley RC | 230 | FV50 | 3:57:29 | F-22 | FV50-5 |
| 152 | Mark Travers | St Albans Striders | 565 | MV50 | 3:57:32 | M-130 | MV50-17 |
| 153 | Mark Wilson | Denmead Striders | 357 | MV40 | 3:57:57 | M-131 | MV40-54 |
| 154 | Belinda Cramp | Eastbourne Rovers AC | 191 | FV40 | 3:58:14 | F-23 | FV40-10 |
| 155 | Tony Warr | Bexley AC | 27 | MV40 | 3:58:23 | M-132 | MV40-55 |
| 156 | Enda Cleary | | 168 | MV40 | 3:58:41 | M-133 | MV40-56 |
| 157 | Adam Austen | | 76 | MSEN | 3:59:19 | M-134 | MSEN-58 |
| 158 | Matt Teague | | 557 | MSEN | 3:59:25 | M-135 | MSEN-59 |
| 159 | Glen Eacott | | 236 | MV40 | 3:59:42 | M-136 | MV40-57 |
| 160 | Annalisa Merry | | 427 | FV40 | 4:00:16 | F-24 | FV40-11 |
| 161 | Lee McAfee | Rebel Runners Medway | 416 | MSEN | 4:00:29 | M-137 | MSEN-60 |
| 162 | Dawn Davis | | 211 | FV40 | 4:00:52 | F-25 | FV40-12 |
| 163 | Graham Fallows | Huncote Harriers | 252 | MV40 | 4:01:08 | M-138 | MV40-58 |
| 164 | Paul German | Maidstone Harriers | 269 | MV40 | 4:02:06 | M-139 | MV40-59 |
| 165 | Philip Gordon | Hatch Warren Runners | 619 | MSEN | 4:02:08 | M-140 | MSEN-61 |
| 166 | Carol Plater | | 479 | FV50 | 4:02:55 | F-26 | FV50-6 |
| 167 | Candy Wong | Hatch Warren Runners | 598 | FSEN | 4:03:05 | F-27 | FSEN-9 |
| 168 | Richard Connor | Hatch Warren Runners | 177 | MSEN | 4:03:05 | M-141 | MSEN-62 |
| 169 | Rob Holmes | Worthing Striders | 113 | MV40 | 4:03:11 | M-142 | MV40-60 |
| 170 | Scot Haggarty | | 289 | MV40 | 4:03:11 | M-143 | MV40-61 |
| 171 | Victoria Dick | Fetch Everyone RC | 69 | FV40 | 4:04:15 | F-28 | FV40-13 |
| 172 | Martin Shaw | Denmead Striders | 516 | MV40 | 4:04:15 | M-144 | MV40-62 |
| 173 | Ian Berry | | 116 | MV50 | 4:04:16 | M-145 | MV50-18 |
| 174 | Sally Rowe | Denmead Striders | 499 | FV40 | 4:04:24 | F-29 | FV40-14 |
| 175 | Samantha Linassi | Ipswich JAFFA RC | 382 | FV40 | 4:04:28 | F-30 | FV40-15 |
| 176 | Kelly Stevens | | 540 | MV40 | 4:04:38 | M-146 | MV40-63 |
| 177 | Wayne Palmer | Thrift Green Trotters | 466 | MV40 | 4:05:50 | M-147 | MV40-64 |
| 178 | Angela Agate | Denmead Striders | 68 | FV50 | 4:06:48 | F-31 | FV50-7 |
| 179 | Cathy Basiel | | 102 | FV40 | 4:06:59 | F-32 | FV40-16 |
| 180 | Susan McDowell | | 417 | FV40 | 4:07:39 | F-33 | FV40-17 |
| 181 | Emma Murphy | | 441 | FV40 | 4:07:52 | F-34 | FV40-18 |
| 182 | Ben Callow | Chineham Park Running Club | 487 | MSEN | 4:08:17 | M-148 | MSEN-63 |
| 183 | Nick Dransfield | Chineham Park Running Club | 228 | MSEN | 4:08:17 | M-149 | MSEN-64 |
| 184 | Rosie Atkins | Halstead RRC | 224 | FSEN | 4:08:21 | F-35 | FSEN-10 |
| 185 | Andrew Wilmott | | 592 | MV70 | 4:08:21 | M-150 | MV70-1 |
| 186 | Rory Heard | Denmead Striders | 37 | MV40 | 4:08:57 | M-151 | MV40-65 |
| 187 | R Cheung | | 165 | MV40 | 4:09:10 | M-152 | MV40-66 |
| 188 | Kelly Foster | Rebel Runners Medway | 257 | FSEN | 4:09:51 | F-36 | FSEN-11 |
| 189 | Lee Radley | St Neots Riverside Runners | 321 | MV40 | 4:10:14 | M-153 | MV40-67 |



| Place | Name | Club | RaceNo | Cat | Gun Time | GenPos | CatPos |
|-------|-----------------------|----------------------------------|--------|------|----------|--------|---------|
| 190 | Sabjan Sama | | 507 | MSEN | 4:10:54 | M-154 | MSEN-65 |
| 191 | Ian Weston | | 101 | MV50 | 4:11:02 | M-155 | MV50-19 |
| 192 | Paula Parsons | Chineham Park Running Club | 471 | FSEN | 4:11:28 | F-37 | FSEN-12 |
| 193 | Nick Marshall | Littledown Harriers RC | 397 | MSEN | 4:11:45 | M-156 | MSEN-66 |
| 194 | Adrian Lee | Reading Joggers | 23 | MV50 | 4:13:12 | M-157 | MV50-20 |
| 195 | Leigh Thain | | 558 | MSEN | 4:13:26 | M-158 | MSEN-67 |
| 196 | Nicholas Baxter | Rebel Runners Medway | 107 | MSEN | 4:13:46 | M-159 | MSEN-68 |
| 197 | Eoin McLeod | | 402 | MV40 | 4:14:02 | M-160 | MV40-68 |
| 198 | Peter Harding | Caerleon RC | 297 | MSEN | 4:14:08 | M-161 | MSEN-69 |
| 199 | Chris Lambourn | Sandhurst Joggers | 372 | MV40 | 4:14:18 | M-162 | MV40-69 |
| 200 | Mark Bailey | Denmead Striders | 90 | MSEN | 4:15:08 | M-163 | MSEN-70 |
| 201 | Elizabeth Sampson | | 508 | FSEN | 4:15:42 | F-38 | FSEN-13 |
| 202 | Lisa Maria Hennen | Gosport Road Runners | 323 | FV40 | 4:16:32 | F-39 | FV40-19 |
| 203 | Danny Kay | 100 Marathon Club | 363 | MV70 | 4:16:40 | M-164 | MV70-2 |
| 204 | Sharla Elder | Worthing & District Harriers | 21 | FSEN | 4:16:54 | F-40 | FSEN-14 |
| 205 | Mario Greppi | | 278 | MSEN | 4:17:08 | M-165 | MSEN-71 |
| 206 | Terry Jacobs | | 79 | FSEN | 4:17:20 | F-41 | FSEN-15 |
| 207 | Paul Spooner | 100 Marathon Club | 536 | MV40 | 4:17:29 | M-166 | MV40-70 |
| 208 | Jade Underwood | | 568 | FSEN | 4:17:30 | F-42 | FSEN-16 |
| 209 | Graham Penny | Eastbourne Rovers AC | 195 | MV40 | 4:17:31 | M-167 | MV40-71 |
| 210 | Neill Harper | Seapark AC | 307 | MV40 | 4:17:36 | M-168 | MV40-72 |
| 211 | Andy Pittman | | 478 | MV40 | 4:17:37 | M-169 | MV40-73 |
| 212 | Mat Price | | 480 | MSEN | 4:17:40 | M-170 | MSEN-72 |
| 213 | David Jenkins | Orpington Road Runners | 73 | MV40 | 4:18:13 | M-171 | MV40-74 |
| 214 | Suzanne Richardson | Denmead Striders | 492 | FV40 | 4:18:35 | F-43 | FV40-20 |
| 215 | Lisa Taylor | Denmead Striders | 554 | FSEN | 4:18:35 | F-44 | FSEN-17 |
| 216 | Lee Duggan | Dagenham 88 Runners | 233 | MV40 | 4:18:41 | M-172 | MV40-75 |
| 217 | Ardean Stopp | Fetch Everyone RC | 543 | MV40 | 4:18:47 | M-173 | MV40-76 |
| 218 | Amanda Bashford | Ashford & District RRC | 97 | FSEN | 4:18:51 | F-45 | FSEN-18 |
| 219 | Katherine Norris | | 35 | FSEN | 4:18:57 | F-46 | FSEN-19 |
| 220 | Martyn Milligan | | 199 | MV50 | 4:18:59 | M-174 | MV50-21 |
| 221 | Marco Fortmann | | 500 | MV50 | 4:19:03 | M-175 | MV50-22 |
| 222 | Gareth Vidler | | 572 | MSEN | 4:19:13 | M-176 | MSEN-73 |
| 223 | Nazia Islam | | 346 | FSEN | 4:19:38 | F-47 | FSEN-20 |
| 224 | Martin Hendrick | Rebel Runners Medway | 320 | MV40 | 4:19:50 | M-177 | MV40-77 |
| 225 | Steve Taplin | | 551 | MV50 | 4:20:10 | M-178 | MV50-23 |
| 226 | Lee Edwards | Plumstead Runners | 41 | MV40 | 4:20:20 | M-179 | MV40-78 |
| 227 | Wayne Greaves | | 7 | MV40 | 4:20:22 | M-180 | MV40-79 |
| 228 | Daniel Smith | Halstead RRC | 527 | MSEN | 4:20:25 | M-181 | MSEN-74 |
| 229 | Jeremy Haslett | | 313 | MV50 | 4:20:27 | M-182 | MV50-24 |
| 230 | Keith Luxon | Benfleet RC | 394 | MV40 | 4:20:48 | M-183 | MV40-80 |
| 231 | Apryl Hammett | 100 Marathon Club | 44 | FV40 | 4:20:56 | F-48 | FV40-21 |
| 232 | Deena Robinson | Bracknell Forest Runners | 496 | FV40 | 4:20:59 | F-49 | FV40-22 |
| 233 | Matthew Baxter | Istead & Ifield Harriers | 104 | MV40 | 4:21:02 | M-184 | MV40-81 |
| 234 | Ryan Brett | | 148 | MSEN | 4:21:15 | M-185 | MSEN-75 |
| 235 | Leon Meadley | | 424 | MV40 | 4:21:17 | M-186 | MV40-82 |
| 236 | Roderick Main | Tri-Anglia Triathlon Club | 422 | MV50 | 4:21:17 | M-187 | MV50-25 |
| 237 | Simon Willems | | 590 | MV40 | 4:21:33 | M-188 | MV40-83 |
| 238 | Martyn Ewers | Devon and Cornwall Police AC | 124 | MSEN | 4:22:14 | M-189 | MSEN-76 |
| 239 | Karl Randall | 100 Marathon Club | 484 | MV40 | 4:22:14 | M-190 | MV40-84 |
| 240 | Peter Rogers | Blackheath & Bromley Harriers AC | 498 | MV50 | 4:22:21 | M-191 | MV50-26 |
| 241 | Gordon Beacham | | 110 | MSEN | 4:22:33 | M-192 | MSEN-77 |
| 242 | Tracey Grigoleit | Basingstoke & Mid Hants AC | 283 | FV50 | 4:22:41 | F-50 | FV50-8 |
| 243 | Glen Keegan | Herne Hill Harriers | 1000 | MV50 | 4:22:42 | M-193 | MV50-27 |
| 244 | Danielle Blackie | | 126 | FSEN | 4:22:42 | F-51 | FSEN-21 |
| 245 | David Barr | 100 Marathon Club | 95 | MV40 | 4:22:42 | M-194 | MV40-85 |
| 246 | Richard Westlake | | 582 | MV40 | 4:22:45 | M-195 | MV40-86 |
| 247 | Kathryn Sygrove | Elvet Striders | 550 | FV50 | 4:22:47 | F-52 | FV50-9 |
| 248 | Sam Brown | Rebel Runners Medway | 143 | MV50 | 4:23:28 | M-196 | MV50-28 |
| 249 | Clive Affleck-Stewart | | 56 | MV60 | 4:23:41 | M-197 | MV60-4 |
| 250 | Lorraine Webb | Stopsley Striders Jogging Club | 577 | FV40 | 4:23:57 | F-53 | FV40-23 |
| 251 | James Lampert | Maidstone Harriers | 179 | MV40 | 4:24:08 | M-198 | MV40-87 |
| 252 | Eric Macgurk | Gosport Road Runners | 395 | MV40 | 4:24:18 | M-199 | MV40-88 |

| Place | Name | Club | RaceNo | Cat | Gun Time | GenPos | CatPos |
|-------|-------------------------|------------------------------|--------|------|----------|--------|----------|
| 253 | Kate Anna Louise Jayden | | 354 | FSEN | 4:24:32 | F-54 | FSEN-22 |
| 254 | Lorna Martin | Hatch Warren Runners | 62 | FSEN | 4:25:02 | F-55 | FSEN-23 |
| 255 | Kieron Tim Rye | | 31 | MSEN | 4:25:12 | M-200 | MSEN-78 |
| 256 | John McGinty | | 267 | MSEN | 4:25:27 | M-201 | MSEN-79 |
| 257 | Leo Lundy | 100 Marathon Club | 391 | MV50 | 4:25:32 | M-202 | MV50-29 |
| 258 | Lorna McLeod | | 15 | FV40 | 4:25:44 | F-56 | FV40-24 |
| 259 | Liz Zass | The Stragglers RC | 604 | FV60 | 4:26:43 | F-57 | FV60-1 |
| 260 | Ellie Page | | 465 | FSEN | 4:27:33 | F-58 | FSEN-24 |
| 261 | Jez Maytum | Rebel Runners Medway | 63 | MV40 | 4:27:38 | M-203 | MV40-89 |
| 262 | Russell Morling | Maidstone Harriers | 437 | MV40 | 4:27:49 | M-204 | MV40-90 |
| 263 | Rachel Parker | Saltaire Striders | 468 | FV40 | 4:28:47 | F-59 | FV40-25 |
| 264 | Karen Bennett | Canterbury Harriers | 241 | FV40 | 4:29:10 | F-60 | FV40-26 |
| 265 | Andre Ellis | East End RRC | 247 | MV50 | 4:29:19 | M-205 | MV50-30 |
| 266 | Darren James | Sittingbourne Striders | 352 | MV40 | 4:29:23 | M-206 | MV40-91 |
| 267 | Sarah Gilderson | | 272 | FSEN | 4:29:42 | F-61 | FSEN-25 |
| 268 | Mick Barlow | Kent AC | 91 | MV50 | 4:30:11 | M-207 | MV50-31 |
| 269 | Peter Spelman | Ilford AC | 533 | MV60 | 4:30:32 | M-208 | MV60-5 |
| 270 | Stephen Savory | Slinn Allstars | 50 | MV40 | 4:30:52 | M-209 | MV40-92 |
| 271 | Georgina Townsend | 100 Marathon Club | 564 | FSEN | 4:31:06 | F-62 | FSEN-26 |
| 272 | Anna Hatton | 100 Marathon Club | 316 | FV40 | 4:31:15 | F-63 | FV40-27 |
| 273 | Richard Leigh | | 376 | MV50 | 4:31:47 | M-210 | MV50-32 |
| 274 | Rachel Derry | Reading Roadrunners | 463 | FSEN | 4:31:58 | F-64 | FSEN-27 |
| 275 | Angela Jones | | 360 | FV40 | 4:32:06 | F-65 | FV40-28 |
| 276 | Malcolm Gumbrell | Winchester & District AC | 286 | MV60 | 4:34:47 | M-211 | MV60-6 |
| 277 | Sheridan Daynes | | 212 | MSEN | 4:35:32 | M-212 | MSEN-80 |
| 278 | Paula McMahon | Fetch Everyone RC | 423 | FV40 | 4:35:52 | F-66 | FV40-29 |
| 279 | Sally Silver | Canterbury Harriers | 520 | FV40 | 4:35:55 | F-67 | FV40-30 |
| 280 | Russell Gardham | Eastbourne Rovers AC | 200 | MV40 | 4:35:58 | M-213 | MV40-93 |
| 281 | Gerard Heraty | | 325 | MSEN | 4:36:26 | M-214 | MSEN-81 |
| 282 | Annali Court | Denmead Striders | 185 | FV40 | 4:36:45 | F-68 | FV40-31 |
| 283 | Somei Back | | 83 | FV50 | 4:37:29 | F-69 | FV50-10 |
| 284 | Oliver Dawson | | 32 | MSEN | 4:37:37 | M-215 | MSEN-82 |
| 285 | Dan Micola | Dunstable RRC | 5 | MV40 | 4:37:59 | M-216 | MV40-94 |
| 286 | Gary Bignell | Dartford Road Runners | 121 | MV40 | 4:38:22 | M-217 | MV40-95 |
| 287 | Chris Everitt | | 251 | MSEN | 4:38:44 | M-218 | MSEN-83 |
| 288 | Steve Parrienen | | 25 | MV40 | 4:39:17 | M-219 | MV40-96 |
| 289 | Jacqui Fry | | 412 | FV40 | 4:39:34 | F-70 | FV40-32 |
| 290 | Andrew Gwilliam | Barking Road Runners | 287 | MV40 | 4:39:43 | M-220 | MV40-97 |
| 291 | Matt Lane | Winchester & District AC | 111 | MV40 | 4:41:21 | M-221 | MV40-98 |
| 292 | Craig Shingfield | Eastbourne Rovers AC | 197 | MV40 | 4:42:23 | M-222 | MV40-99 |
| 293 | Hugh Worsnop | | 26 | MV50 | 4:42:32 | M-223 | MV50-33 |
| 294 | Jessica Phillips | | 475 | FSEN | 4:42:41 | F-71 | FSEN-28 |
| 295 | Neil Kelly | Eastbourne Rovers AC | 210 | MSEN | 4:42:44 | M-224 | MSEN-84 |
| 296 | Andy Dingle | Reading Roadrunners | 803 | MV40 | 4:43:29 | M-225 | MV40-100 |
| 297 | Jonathan Ryan | Vegan Runners UK | 505 | MV40 | 4:43:51 | M-226 | MV40-101 |
| 298 | Tabitha Bartlett | Denmead Striders | 81 | FSEN | 4:44:33 | F-72 | FSEN-29 |
| 299 | Sophie Noble | Roadhoggs Leicester AC | 451 | FV50 | 4:44:45 | F-73 | FV50-11 |
| 300 | Kim Freeman | | 260 | FV40 | 4:44:47 | F-74 | FV40-33 |
| 301 | Stuart Mellows | Wellingborough & District AC | 425 | MV50 | 4:44:47 | M-227 | MV50-34 |
| 302 | Debbie Dickson | Hatch Warren Runners | 220 | FV40 | 4:44:53 | F-75 | FV40-34 |
| 303 | Richard Tickner | Hailsham Harriers | 125 | MV50 | 4:45:18 | M-228 | MV50-35 |
| 304 | Anneli Ostler | Felixstowe RRC | 34 | FSEN | 4:45:25 | F-76 | FSEN-30 |
| 305 | Sarah Heard | Denmead Striders | 317 | FSEN | 4:45:28 | F-77 | FSEN-31 |
| 306 | Jeff Mitchell | Hatch Warren Runners | 338 | MV40 | 4:46:04 | M-229 | MV40-102 |
| 307 | David Freeborn | 100 Marathon Club | 259 | MSEN | 4:46:45 | M-230 | MSEN-85 |
| 308 | Vicky Hamblin | Chineham Park Running Club | 524 | FV40 | 4:47:03 | F-78 | FV40-35 |
| 309 | Denzil Martin | Newport and District RC | 398 | MV40 | 4:47:12 | M-231 | MV40-103 |
| 310 | Grahame White | Denmead Striders | 585 | MSEN | 4:47:14 | M-232 | MSEN-86 |
| 311 | Paul Reed | Benfleet RC | 491 | MV50 | 4:47:58 | M-233 | MV50-36 |
| 312 | Debbie Thompson | Hatch Warren Runners | 24 | FV40 | 4:48:52 | F-79 | FV40-36 |
| 313 | Andrew Burgess | Maidstone Harriers | 100 | MV50 | 4:49:09 | M-234 | MV50-37 |
| 314 | Gary Smith | Rebel Runners Medway | 528 | MV40 | 4:49:38 | M-235 | MV40-104 |
| 315 | Jon Moreton | Rebel Runners Medway | 38 | MSEN | 4:51:03 | M-236 | MSEN-87 |

| Place | Name | Club | RaceNo | Cat | Gun Time | GenPos | CatPos |
|-------|---------------------------|----------------------------|--------|------|----------|--------|----------|
| 316 | Julie Tester | Eastbourne Rovers AC | 51 | FV50 | 4:51:12 | F-80 | FV50-12 |
| 317 | Gerald Krause | Maidstone Harriers | 60 | MV60 | 4:51:17 | M-237 | MV60-7 |
| 318 | Verne Barltrop | 100 Marathon Club | 92 | MV70 | 4:51:32 | M-238 | MV70-3 |
| 319 | Sarah Pachonick | Reading Roadrunners | 461 | FV40 | 4:51:33 | F-81 | FV40-37 |
| 320 | Lilian Shilbeck | | 517 | FV40 | 4:51:34 | F-82 | FV40-38 |
| 321 | Jeremy Lowe | | 388 | MV50 | 4:51:37 | M-239 | MV50-38 |
| 322 | Stacey Crocker | So Let's Go Running | 205 | FV40 | 4:51:38 | F-83 | FV40-39 |
| 323 | Rachel Bagshaw | Denmead Striders | 89 | FSEN | 4:52:03 | F-84 | FSEN-32 |
| 324 | Lee Haines | | 290 | MSEN | 4:52:31 | M-240 | MSEN-88 |
| 325 | Graham Weir | Eastbourne Rovers AC | 202 | MV50 | 4:52:51 | M-241 | MV50-39 |
| 326 | Laurence Hylton | | 342 | MSEN | 4:52:58 | M-242 | MSEN-89 |
| 327 | Andy Harbrow | | 295 | MV40 | 4:52:58 | M-243 | MV40-105 |
| 328 | John Bullock | Reading Roadrunners | 464 | MSEN | 4:53:24 | M-244 | MSEN-90 |
| 329 | Amir Khan | | 368 | MV40 | 4:56:07 | M-245 | MV40-106 |
| 330 | Oliver Northrop | Thanet Roadrunners AC | 999 | MV40 | 4:56:07 | M-246 | MV40-107 |
| 331 | Julia Wellings | Bromley Veterans AC | 580 | FV40 | 4:56:15 | F-85 | FV40-40 |
| 332 | Martin Richard Bush | Reading Roadrunners | 147 | MV50 | 4:56:43 | M-247 | MV50-40 |
| 333 | Katie Burtonshaw | | 120 | FV40 | 4:57:14 | F-86 | FV40-41 |
| 334 | Mandy Harley | Ipswich Jaffa RC | 299 | FV40 | 4:57:33 | F-87 | FV40-42 |
| 335 | Brian Mills | 100 Marathon Club | 432 | MV60 | 4:57:50 | M-248 | MV60-8 |
| 336 | Andrew Escott-Carrington | | 420 | MV40 | 4:58:37 | M-249 | MV40-108 |
| 337 | Karlene Jammeh | | 244 | FSEN | 4:58:37 | F-88 | FSEN-33 |
| 338 | Jagjit Singh | | 522 | MV50 | 4:58:43 | M-250 | MV50-41 |
| 339 | Stuart Randall | Eastbourne Rovers AC | 196 | MSEN | 4:58:53 | M-251 | MSEN-91 |
| 340 | Greg Ward | 100 Marathon Club | 575 | MV40 | 4:59:05 | M-252 | MV40-109 |
| 341 | Sean Rodwell | Rebel Runners Medway | 14 | MSEN | 4:59:07 | M-253 | MSEN-92 |
| 342 | Valerie Bloomfield | Running 4 Women Club | 130 | FV40 | 5:00:01 | F-89 | FV40-43 |
| 343 | Susie Hewer | | 58 | FV50 | 5:00:14 | F-90 | FV50-13 |
| 344 | Jacki Wooller | Eastbourne Rovers AC | 204 | FV50 | 5:00:51 | F-91 | FV50-14 |
| 345 | Ian Cummins | Dagenham 88 Runners | 288 | MV40 | 5:01:17 | M-254 | MV40-110 |
| 346 | Vicky Murphy | | 443 | FSEN | 5:01:46 | F-92 | FSEN-34 |
| 347 | Warren Chambers | | 161 | MV40 | 5:01:54 | M-255 | MV40-111 |
| 348 | Jenny Winter | | 595 | FV40 | 5:02:32 | F-93 | FV40-44 |
| 349 | Louise Large | Fetch Everyone RC | 374 | FV40 | 5:03:15 | F-94 | FV40-45 |
| 350 | Philip Longster | Fetch Everyone RC | 387 | MV40 | 5:04:24 | M-256 | MV40-112 |
| 351 | Martin Quinlan | East End RRC | 481 | MV40 | 5:04:33 | M-257 | MV40-113 |
| 352 | Elizabeth Vassell | Istead & Ifield Harriers | 167 | FSEN | 5:05:39 | F-95 | FSEN-35 |
| 353 | Nick Nicholson | 100 Marathon Club | 449 | MV40 | 5:05:55 | M-258 | MV40-114 |
| 354 | Nitin Paranjape | | 467 | MV40 | 5:06:15 | M-259 | MV40-115 |
| 355 | John Sutton | Chineham Park Running Club | 549 | MV50 | 5:06:30 | M-260 | MV50-42 |
| 356 | David Luxford | | 393 | MV60 | 5:07:39 | M-261 | MV60-9 |
| 357 | Natalie Atkinson | Fetch Everyone RC | 80 | FSEN | 5:08:04 | F-96 | FSEN-36 |
| 358 | Pamela Storey | Serpentine RC | 544 | FV60 | 5:08:27 | F-97 | FV60-2 |
| 359 | Jools Smith | | 529 | MV40 | 5:08:57 | M-262 | MV40-116 |
| 360 | Karen Chart | Collingwood AC | 164 | FV40 | 5:10:07 | F-98 | FV40-46 |
| 361 | Denise Dyer | | 235 | FV40 | 5:10:46 | F-99 | FV40-47 |
| 362 | Dan Gower-Smith | Rebel Runners Medway | 277 | MSEN | 5:11:31 | M-263 | MSEN-93 |
| 363 | Matt Jones | | 361 | MSEN | 5:11:41 | M-264 | MSEN-94 |
| 364 | Heather McDonald-Hamilton | 100 Marathon Club | 11 | FV50 | 5:11:59 | F-100 | FV50-15 |
| 365 | Jules Alaneme | | 57 | MV40 | 5:12:27 | M-265 | MV40-117 |
| 366 | Mark Booth | | 133 | MSEN | 5:12:46 | M-266 | MSEN-95 |
| 367 | Theresa Massey | | 407 | FV40 | 5:12:48 | F-101 | FV40-48 |
| 368 | Julia Molyneux | Reading Roadrunners | 433 | FV40 | 5:12:58 | F-102 | FV40-49 |
| 369 | Simon Gaisford | | 263 | MV40 | 5:13:12 | M-267 | MV40-118 |
| 370 | Maryanne Aitken | 100 Marathon Club | 75 | FV50 | 5:13:39 | F-103 | FV50-16 |
| 371 | Margaret Husein | Reading Joggers | 341 | FV60 | 5:13:43 | F-104 | FV60-3 |
| 372 | Katy Hewis | Caistor Running Club | 225 | FV50 | 5:15:35 | F-105 | FV50-17 |
| 373 | Catherine Wernham | Fetch Everyone RC | 59 | FV50 | 5:15:59 | F-106 | FV50-18 |
| 374 | Chris Chandler | | 162 | MSEN | 5:16:29 | M-268 | MSEN-96 |
| 375 | Rachel Bignell | Dartford Road Runners | 122 | FV40 | 5:16:36 | F-107 | FV40-50 |
| 376 | Joseph Bower | | 47 | MV40 | 5:17:07 | M-269 | MV40-119 |
| 377 | David Ar Toms | Brandon Fern Hoppers | 563 | MV60 | 5:17:35 | M-270 | MV60-10 |
| 378 | Paul Harding | | 296 | MSEN | 5:17:47 | M-271 | MSEN-97 |

| Place | Name | Club | RaceNo | Cat | Gun Time | GenPos | CatPos |
|-------|--------------------------|----------------------------------|--------|------|----------|--------|----------|
| 379 | Helen Duffy | | 232 | FSEN | 5:18:25 | F-108 | FSEN-37 |
| 380 | Sophie Fielder | | 253 | FSEN | 5:18:33 | F-109 | FSEN-38 |
| 381 | Art Zammit | Telford Harriers | 603 | MV40 | 5:19:22 | M-272 | MV40-120 |
| 382 | Ashley Poxon | | 415 | MSEN | 5:19:50 | M-273 | MSEN-98 |
| 383 | Paul Ovenden | | 460 | MV40 | 5:19:53 | M-274 | MV40-121 |
| 384 | Georgi Newton | | 448 | FSEN | 5:20:15 | F-110 | FSEN-39 |
| 385 | David Davidson | Pitsea RC | 13 | MV50 | 5:20:16 | M-275 | MV50-43 |
| 386 | Max Cotterell-East | | 666 | FV40 | 5:20:18 | F-111 | FV40-51 |
| 387 | Jane Gardiner | Maidstone Harriers | 459 | FSEN | 5:21:36 | F-112 | FSEN-40 |
| 388 | Clare Welch | Denmead Striders | 410 | FSEN | 5:22:17 | F-113 | FSEN-41 |
| 389 | Lisa-Marie Peckover | Denmead Striders | 187 | FSEN | 5:22:17 | F-114 | FSEN-42 |
| 390 | Fran Thorne | 100 Marathon Club | 561 | FV50 | 5:23:37 | F-115 | FV50-19 |
| 391 | Melanie Floyd | | 155 | FV40 | 5:23:37 | F-116 | FV40-52 |
| 392 | Darren Rowe | Cleethorpes & District AC | 96 | MV40 | 5:24:21 | M-276 | MV40-122 |
| 393 | Lynda Copson | Hillingdon AC | 369 | FV50 | 5:24:36 | F-117 | FV50-20 |
| 394 | Lynne Denton | Reading Joggers | 55 | FV50 | 5:24:38 | F-118 | FV50-21 |
| 395 | Mark Hunt | | 340 | MV50 | 5:24:45 | M-277 | MV50-44 |
| 396 | Christopher Healey | | 87 | MV50 | 5:26:13 | M-278 | MV50-45 |
| 397 | Keith Elshaw | Gosport Road Runners | 249 | MV40 | 5:27:02 | M-279 | MV40-123 |
| 398 | Darren Croll | Chineham Park Running Club | 207 | MSEN | 5:27:27 | M-280 | MSEN-99 |
| 399 | Natalie Chivers | Haywards Heath Harriers | 359 | FSEN | 5:27:56 | F-119 | FSEN-43 |
| 400 | Luke Sey | | 513 | MV40 | 5:28:14 | M-281 | MV40-124 |
| 401 | Mark Sanders | 100 Marathon Club | 509 | MV50 | 5:28:43 | M-282 | MV50-46 |
| 402 | Emine Ismail De Sanchez | Vegan Runners UK | 347 | FV50 | 5:29:51 | F-120 | FV50-22 |
| 403 | Jane Swanson-Sprent | Dagenham 88 Runners | 88 | FV40 | 5:30:05 | F-121 | FV40-53 |
| 404 | Colin Joyce | | 362 | MSEN | 5:31:30 | M-283 | MSEN-100 |
| 405 | Ruth Emma Benzimra | 100 Marathon Club | 115 | FV50 | 5:31:59 | F-122 | FV50-23 |
| 406 | Peter Midgley | | 428 | MSEN | 5:32:28 | M-284 | MSEN-101 |
| 407 | Adam Hope | Pitsea RC | 332 | MSEN | 5:33:14 | M-285 | MSEN-102 |
| 408 | Carolyn Thomson Easter | | 128 | FV50 | 5:33:30 | F-123 | FV50-24 |
| 409 | Kerry Monaghan | Chineham Park Running Club | 434 | FV40 | 5:33:30 | F-124 | FV40-54 |
| 410 | Gerry McGovern | | 418 | MV50 | 5:34:08 | M-286 | MV50-47 |
| 411 | Jason Lewis | Slinn Allstars | 379 | MSEN | 5:34:19 | M-287 | MSEN-103 |
| 412 | Pete Harris | Slinn Allstars | 310 | MV40 | 5:34:19 | M-288 | MV40-125 |
| 413 | Ian Pullen | Swanley & District AC | 406 | MV40 | 5:36:16 | M-289 | MV40-126 |
| 414 | Terry Aked | Denmead Striders | 777 | MV40 | 5:36:39 | M-290 | MV40-127 |
| 415 | Mia Kennett | | 367 | FV40 | 5:37:49 | F-125 | FV40-55 |
| 416 | Philip Carline | Yaxley Runners & Joggers | 151 | MV40 | 5:37:50 | M-291 | MV40-128 |
| 417 | Karen Hurrell | 100 Marathon Club | 2 | FV50 | 5:40:16 | F-126 | FV50-25 |
| 418 | Kirsty Winwood | | 40 | FV40 | 5:40:20 | F-127 | FV40-56 |
| 419 | John Williams | 100 Marathon Club | 591 | MV70 | 5:42:10 | M-292 | MV70-4 |
| 420 | Tony Lobo | East End RRC | 385 | MV50 | 5:43:19 | M-293 | MV50-48 |
| 421 | Claire Smith | | 526 | FSEN | 5:43:30 | F-128 | FSEN-44 |
| 422 | Phil Hale | Hatch Warren Runners | 291 | MV40 | 5:44:06 | M-294 | MV40-129 |
| 423 | Angela Elshaw | Gosport Road Runners | 248 | FV40 | 5:45:05 | F-129 | FV40-57 |
| 424 | Jo Yarnall | Aldridge RC | 600 | FV40 | 5:45:54 | F-130 | FV40-58 |
| 425 | Claire Winterford | | 596 | FV40 | 5:47:05 | F-131 | FV40-59 |
| 426 | Paul Winterford | | 597 | MV40 | 5:47:06 | M-295 | MV40-130 |
| 427 | Mary Wilson | Reading Joggers | 593 | FV40 | 5:48:11 | F-132 | FV40-60 |
| 428 | Tinu Ogundari | Fetch Everyone RC | 454 | FV40 | 5:48:31 | F-133 | FV40-61 |
| 429 | Jason Dudley-Ward | | 231 | MSEN | 5:48:43 | M-296 | MSEN-104 |
| 430 | Joanne Hendrie-Henderson | Reading Joggers | 84 | FV50 | 5:48:59 | F-134 | FV50-26 |
| 431 | Emma Lewis | Sandhurst Joggers | 378 | FV40 | 5:49:06 | F-135 | FV40-62 |
| 432 | Lucy Skelton | | 193 | FSEN | 5:50:05 | F-136 | FSEN-45 |
| 433 | Sophie Ravenscroft | Maidstone Harriers | 486 | FSEN | 5:50:38 | F-137 | FSEN-46 |
| 434 | Rachel Smith | Maidstone Harriers | 532 | FV40 | 5:50:39 | F-138 | FV40-63 |
| 435 | Victoria German | | 270 | FV40 | 5:50:59 | F-139 | FV40-64 |
| 436 | Tracey Healey | | 789 | FV50 | 5:53:17 | F-140 | FV50-27 |
| 437 | Sue Gregson | Eccleshill Road Runners | 53 | FV50 | 5:53:17 | F-141 | FV50-28 |
| 438 | John Turner | Blackheath & Bromley Harriers AC | 567 | MV60 | 5:54:21 | M-297 | MV60-11 |
| 439 | Lisa Hotten | Hatch Warren Runners | 65 | FV50 | 5:56:35 | F-142 | FV50-29 |
| 440 | Shelley Ray | | 888 | FSEN | 5:58:21 | F-143 | FSEN-47 |
| 441 | Hannah Pickering | | 477 | FSEN | 5:58:21 | F-144 | FSEN-48 |

| Place | Name | Club | RaceNo | Cat | Gun Time | GenPos | CatPos |
|-------|-------------------|--------------------------|--------|------|----------|--------|----------|
| 442 | Traviss Willcox | 100 Marathon Club | 4 | MV40 | 5:58:55 | M-298 | MV40-131 |
| 443 | Lynne Wheeler | So Let's Go Running | 583 | FV40 | 6:00:47 | F-145 | FV40-65 |
| 444 | Wai Meng Au-Yeong | St Albans Striders | 82 | FSEN | 6:01:05 | F-146 | FSEN-49 |
| 445 | Mark Caller | Istead & Ifield Harriers | 157 | MV50 | 6:01:57 | M-299 | MV50-49 |
| 446 | Robert Piggott | | 64 | MV50 | 6:02:39 | M-300 | MV50-50 |
| 447 | Lauren Goldsmith | Lowestoft Road Runners | 275 | FSEN | 6:03:00 | F-147 | FSEN-50 |
| 448 | Lisa Perkins | | 474 | FSEN | 6:03:05 | F-148 | FSEN-51 |
| 449 | Tristan Daynes | | 6 | MSEN | 6:03:24 | M-301 | MSEN-105 |
| 450 | Paul Cooper | Collingwood AC | 184 | MV40 | 6:04:12 | M-302 | MV40-132 |
| 451 | Lorraine Ramos | | 483 | FV50 | 6:05:00 | F-149 | FV50-30 |
| 452 | Tim Lupton | South West Road Runners | 392 | MV40 | 6:08:05 | M-303 | MV40-133 |
| 453 | Gavin Spurr | | 537 | MV40 | 6:09:29 | M-304 | MV40-134 |
| 454 | Debbie Davis | Eastbourne Rovers AC | 303 | FSEN | 6:09:42 | F-150 | FSEN-52 |
| 455 | Karen King | | 515 | FV50 | 6:20:21 | F-151 | FV50-31 |
| 456 | Kat Miller | | 431 | FV40 | 6:33:50 | F-152 | FV40-66 |
| 457 | Nicola Tarrant | | 552 | FSEN | 6:33:50 | F-153 | FSEN-53 |
| 458 | Helen B Gittens | | 273 | FV40 | 6:43:07 | F-154 | FV40-67 |
| DNF | Tess Murray | | 445 | FSEN | 16 laps | - | - |
| DNF | Lindsey Glenville | | 274 | FV50 | 16 laps | - | - |
| DNF | Tom Payn | Run Fast | 3 | MSEN | 14 laps | - | - |
| DNF | Nathan Ruminski | Rebel Runners Medway | 501 | MSEN | 14 laps | - | - |
| DNF | Gary Andrews | Vegan Runners UK | 72 | MV40 | 14 laps | - | - |
| DNF | Andy Bailey | Skegness Coasters | 86 | MV60 | 13 laps | - | - |
| DNF | David Kellond | Eastbourne Rovers AC | 192 | MSEN | 12 laps | - | - |
| DNF | Douglas Josham | Collingwood AC | 555 | MSEN | 12 laps | - | - |
| DNF | Simon Newton | Ackworth Road Runners | 78 | MSEN | 11 laps | - | - |
| DNF | Paula Dowling | | 226 | FV40 | 11 laps | - | - |
| DNF | Brian Page | So Let's Go Running | 462 | MV40 | 10 laps | - | - |
| DNF | Chris Whittaker | Sandhurst Joggers | 587 | MV50 | 9 laps | - | - |
| DNF | Tim Heneghan | | 322 | MV40 | 8 laps | - | - |
| DNF | Stephen Kemp | | 365 | MSEN | 7 laps | - | - |